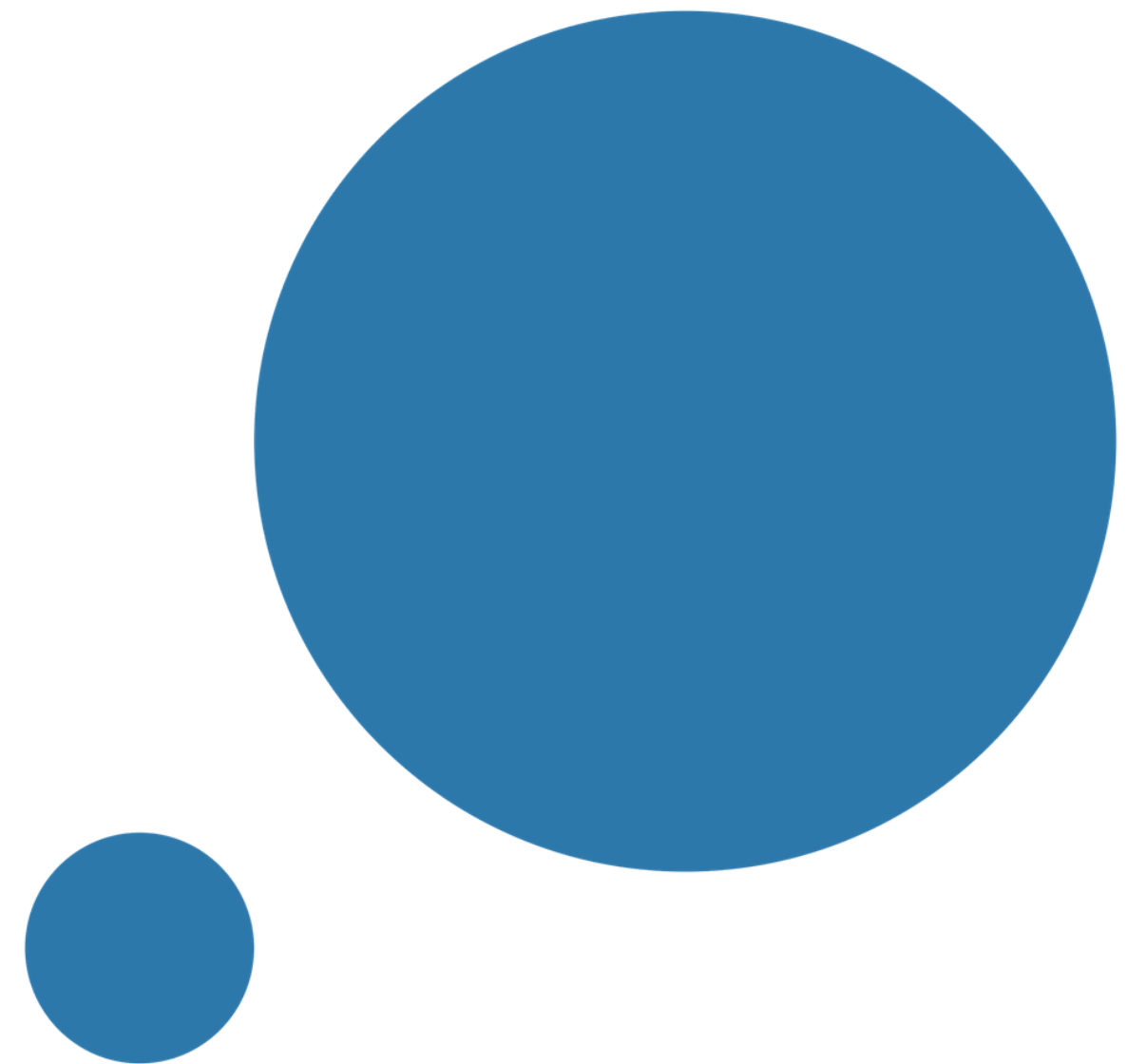


After School Activities

2026-27

Timetable



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Start and End Dates

The After-School Activities (ASA) Programme will run from **14 September 2026 to 18 June 2027, from 16:00 to 17:00.**

Exception: Karate will have two turns: 16:00–17:00 and 17:00–18:00.

Open Days/Trial Session: 14–18 September 2026

During Open Days, parents and students will have the opportunity to meet the club providers, learn more about each activity, and experience what each club has to offer. Every club will provide a 45/60-minute trial session, allowing children to explore the activity before deciding whether to enrol. To participate in a trial session, **please register [here](#)**

End-of-Term Open Classes

On the last session of each school term, clubs will hold an Open Class. Parents are invited to celebrate their children's learning and, depending on the activity, they may also be invited to participate:

- Complete an arts and crafts project alongside their child.
- Learn and perform a dance choreography together.
- Watch demonstrations or performances.
- Take part in interactive activities organised by the club instructor.

Open Classes provide a wonderful opportunity for families to see the skills their children have developed, celebrate achievements, and enjoy the learning experience together.

Terms and Conditions

Registration

To enrol your child in an After-School Activity, please complete this [registration form](#). Places are subject to availability. Termly renovation is not needed for the same activity.

Minimum Number of Participants

A minimum of 5 participants is required for a club to run. If the minimum number is not reached, the school reserves the right to cancel the activity. In this case, parents will be notified and any payments made will be refunded.

Payment

- Monthly Payment for each activity must be made up to the 2nd day of the month.
- Place in the activity will only be confirmed once payment has been received

Cancellation Policy

Cancellations should be notified 3 months in advance.

Should this not be received, the full payment for the full term is due.

Cancellations will only be accepted in exceptional circumstances, such as:

- Serious illness or accident;
- The family permanently leaving the country.

To cancel your child's enrolment in an activity, please complete this [cancellation form](#).

Refunds will only be considered in exceptional cases and at the school's discretion.



After School Activities

2026-27



Creative & Arts



Nature & Outdoor Learning



Dance & Performance



Thinking & Problem-Solving



STEM & Technology



Sports & Physical Activity

Grade	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery	Crafty hands - *U R EY	We Farm - *Outside or side U R EY	Drama - *U R EY Ballet - *Arts Centre	Art and Me - *EY S A	GymFun Club - *Old Gym or Covered Area Pop Dance - *Arts Centre
Kindergarden	Crafty hands - *U R EY	Karate - *U R EY We Farm - *Outside or side U R EY	Drama - *U R EY Ballet - *Arts Centre	Art and Me - *EY S A Karate - *U R EY	GymFun Club - *Old Gym or Covered Area Pop Dance - *Arts Centre
Reception	Crafty hands - *U R EY The Inventors - * EY S A HipHop and Tik Tok *Arts centre	Karate - *U R EY We Farm - *Outside or side U R EY	Drama - *U R EY Ballet - *Arts Centre	Art and Me - *EY S A Karate - *U R EY	GymFun Club - *Old Gym or Covered Area Pop Dance - *Arts Centre

Location: *U R EY - Utility Room Early Years | *EY S A - Early Years Snack Area | *U R EY - Outside or side Utility room Early Years | *Arts Centre - In the arts Centre on Drama Room | *U R EY - Utility Room Early Years | *Stem Room inside Library | *Assembly Hall or Covered Area



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After School Activities

2026-27



Creative & Arts



Nature & Outdoor Learning



Dance & Performance



Thinking & Problem-Solving



STEM & Technology



Sports & Physical Activity

Grade	Monday	Tuesday	Wednesday	Thursday	Friday
Grade 1	Crafty hands - *U R EY The Inventors - *EY S A HipHop and Tik Tok *Arts centre	Karate - *U R EY We Farm - *Outside or side U R EY	Drama - *U R EY Ballet - *Arts Centre	Art and Me - *EY S A Karate - *U R EY	GymFun Club - *Old Gym or Covered Area Textile Crochet - *Arts Centre Pop Dance - *Arts Centre
Grade 2	The Inventors - *EY S A HipHop and Tik Tok *Arts centre	We Farm - *Outside or side U R EY Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room	Drama - *U R EY Ballet - *Arts Centre The Inventors - *EY S A	Art and Me - *EY S A Karate - *U R EY	GymFun Club - *Old Gym or Covered Area Textile Crochet - *Arts Centre Pop Dance - *Arts Centre
Grade 3	HipHop and Tik Tok *Arts centre	Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room	Ballet - *Arts Centre The Inventors - *Prim Port Room Game Development - *Stem Room	We farm - *Outside or side U R EY Karate - *U R EY	GymFun Club - *Old Gym or Covered Area Textile Crochet - *Arts Centre Pop Dance - *Arts Centre
Grade 4	HipHop and Tik Tok *Arts centre	Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room	Ballet - *Arts Centre The Inventors - *Prim Port Room Game Development - *Stem Room	We farm - *Outside or side U R EY Karate - *U R EY	Textile Crochet - *Arts Centre Pop Dance - *Arts Centre
Grade 5	HipHop and Tik Tok *Arts centre	Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room	Ballet - *Arts Centre The Inventors - *Prim Port Room Game Development - *Stem Room	We farm - *Outside or side U R EY Karate - *U R EY	Textile Crochet - *Arts Centre Pop Dance - *Arts Centre

Location: *U R EY - Utility Room Early Years | *EY S A - Early Years Snack Area | *U R EY - Outside or side Utility room Early Years | *Arts Centre - In the arts Centre on Drama Room | *U R EY - Utility Room Early Years | *Stem Room inside Library | *Assembly Hall or Covered Area | *Arts Centre - Arts 1 room



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After School Activities

2026-27



Creative & Arts



Nature & Outdoor Learning



Dance & Performance



Thinking & Problem-Solving



STEM & Technology



Sports & Physical Activity

Grade	Monday	Tuesday	Wednesday	Thursday	Friday
Grade 6	HipHop and Tik Tok *Arts centre	Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room	Ballet - *Arts Centre The Inventors - *Prim Port Room Game Development - *Stem Room	We farm - *Outside or side U R EY Karate - * U R EY AI and Phyton - Secondary room 11/12	Textile Crochet - *Arts Centre Pop Dance - *Arts Centre
Grade 7	HipHop and Tik Tok *Arts centre	Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room	Ballet - *Arts Centre The Inventors - *Prim Port Room Game Development - *Stem Room	We farm - *Outside or side U R EY Karate - * U R EY AI and Phyton - Secondary room 11/12	Textile Crochet - *Arts Centre Pop Dance - *Arts Centre
Grade 8		Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room	Ballet - *Arts Centre Game Development - *Stem Room	Karate - * U R EY AI and Phyton - Secondary room 11/12	Textile Crochet - *Arts Centre Pop Dance - *Arts Centre
Grade 9		Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room		Karate - * U R EY AI and Phyton - Secondary room 11/12	
Grade 10		Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room		Karate - * U R EY AI and Phyton - Secondary room 11/12	

Location: *U R EY - Utility Room Early Years | *EY S A - Early Years Snack Area | *U R EY - Outside or side Utility room Early Years | *Arts Centre - In the arts Centre on Drama Room | *U R EY - Utility Room Early Years | *Stem Room inside Library | *Assembly Hall or Covered Area | *Arts Centre - Arts 1 room | Secondary Room 11 or 12



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After School Activities

2026-27



Creative & Arts



Nature & Outdoor Learning



Dance & Performance



Thinking & Problem-Solving



STEM & Technology



Sports & Physical Activity

Grade	Monday	Tuesday	Wednesday	Thursday	Friday
Grade 11		Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room		Karate - * U R EY AI and Phyton - Secondary room 11/12	
Grade 12		Fashion/Sewing - *Arts Centre Karate - *U R EY Jump up Learning Robotics - *Stem Room		Karate - * U R EY AI and Phyton - Secondary room 11/12	

Location: *U R EY - Utility Room Early Years | *EY S A - Early Years Snack Area | *U R EY - Outside or side Utility room Early Years | *Arts Centre - In the arts Centre on Drama Room | *U R EY - Utility Room Early Years | *Stem Room inside Library | *Assembly Hall or Covered Area | *Arts Centre - Arts 1 room | Secondary Room 11 or 12



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After School Activities

2026-27

ACTIVITY	GRADES	MONTHLY FEE 1 DAY WEEK	MONTHLY FEE 2 DAY WEEK	COMMENTS
CRAFTY HANDS	NY to GR1	70,00		
ART AND ME	NY to GR1	70,00		
BALLET	NY to GR3	70,00		
HIPHOP and TIK TOK	GR1 to GR5	70,00		
GYMFUNCLUB	GR1 to GR5	70,00		
POP DANCE	NY to GR2	70,00		
KARATE	NY to GR12	45,00	60,00	
WE FARM	NY to GR6	70,00		
FASHION/SEWING	GR1 to GR12	72,00		
JUMPUP LEARNING ROBOTICS	GR1 to GR12	70,00		
AI AND PHYTON	GR6 to GR12	70,00		
THE INVENTORS	REC to GR5	52,00		66,00 anual kit
DRAMA	REC to GR2	70,00		
TEXTILE CROCHET	GR1 to GR8	70,00		

*All after school activities are subject to a minimum number of enrolled students. If the required minimum is not met, the activity will not take place.

** Once after school activities have started, cancellations will not be permitted due to our commitments with providers and the necessary planning to ensure their proper operation.



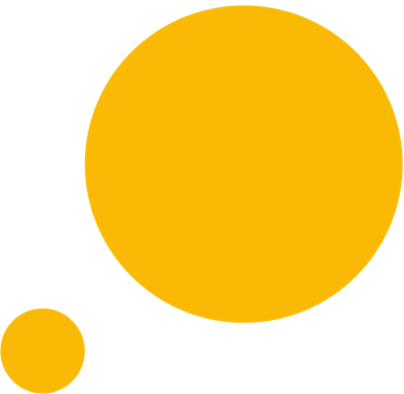
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Drama	A fun and creative activity where children explore stories, characters and imagination through acting, games, movement and role-play.
Crafty Hands	A creative club where children explore different crafts and make fun, hands-on projects.
HipHop & TikTok	A fun dance club where children learn energetic routines inspired by HipHop and TikTok.
We Farm	A hands-on club where children discover nature, plants, gardening and sustainable living.
Ballet	A dance club developing ballet technique, coordination, posture and musicality.
Fashion/Sewing	A creative club where children learn basic sewing skills and create their own fashion projects.
Textile Crochet	A creative club where children learn crochet techniques and create colourful textile projects.
The Inventors	A hands-on club where children design, build and experiment with creative inventions.
AI & Python	An introduction to coding and artificial intelligence through fun and engaging projects.
Game Development	A technology club where children learn to design and create their own games.
Robotics & Lego Coding	A STEM club where children build robots and develop coding and problem-solving skills.
GymFun Club	A fun physical activity club developing coordination, movement, fitness and teamwork.
Karate	A martial arts club developing discipline, confidence, coordination and self-defence skills.
Pop Dance	An energetic dance club where children learn fun routines inspired by popular music.



Instrumental Music Programme 26/27

Our Instrumental Music Programme offers students the opportunity to develop their musical skills and enjoyment through individual instrumental lessons. Lessons are available in cello, violin, guitar, drums, piano, flute, recorder, boomwhacker, and voice, and are open to students aged 3 to 19, from complete beginners to advanced players. Each lesson is tailored to the individual student, supporting their progress, confidence, and enjoyment of music at every stage.

Lesson Options

The Instrumental Music Programme offers a range of lesson formats to suit different ages, levels, and schedules, including:

- Individual tuition
- Small group lessons
- Lunchtime groups
- Individual lessons during lunch
- After-school lessons

Availability will vary depending on the instrument, teacher, and student level.

HAVE QUESTIONS?

Please contact Ms Lazina
Gheyselinck, Music Teacher
Lgheyselinck@dominics-int.org



Performance Opportunities

Students will be encouraged to share their progress and build confidence through a range of performance opportunities, including:

- Tuesday Fests – informal, school-wide performances
- Foyer Concerts – performances for peers
- Instrumental Recitals – opportunities to showcase individual and ensemble progress

Registration

Families interested in instrumental lessons are invited to get in touch to discuss availability and suitable lesson options. We will do our best to accommodate requests, subject to teacher availability and scheduling. If you are interested in an instrument not listed, please contact Ms Lazina Gheyselinck, PYP Music Teacher on Lgheyselinck@dominics-int.org



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ANA PAULA GÓIS **CELLO**

Ana Paula is a Lisbon-born cellist and educator with over 30 years of teaching and performance experience. A graduate of the Escola Superior de Música de Lisboa, she has performed with the Gulbenkian Foundation Orchestra, worked across film, television, and recording projects, and is a leader in music and community wellbeing initiatives. She also holds advanced qualifications in Community Psychology and Humanitarian Action.



JUSTYNA YILANLIOGLU **FLUTE & RECORDER**

Justyna is a classically trained flutist and music educator with qualifications in teaching, therapeutic arts, and sound therapy. She teaches music at St. Dominic's and offers flute and recorder lessons, combining strong musical foundations with a student-centred approach.



DRUMS ANDRÉ CASTRO

André is a percussionist and music educator who performs with leading orchestras, including the Gulbenkian Orchestra, Lisbon Metropolitan Orchestra, Portuguese Symphony Orchestra, and the Netherlands Philharmonic Orchestra. He teaches percussion privately and in an international school setting while continuing his advanced musical studies.



VIOLIN PAULA FERNANDEZ

Paula is a violinist and music educator with degrees in Musical Sciences and Music Performance. She teaches violin in Lisbon, has performed with leading Portuguese orchestras, and is a founding member of the Portuguese Association of Music in Hospitals and Institutions of Solidarity.



PEDRO FERREIRA DA SILVA **GUITAR**

Pedro holds a degree in Musical Sciences from Universidade Nova de Lisboa and teaches at the Conservatório de Música de Cascais. An experienced educator and former Trinity College London examiner, he is passionate about helping students develop their musical interests and abilities.



ELIZABETH ALLEN **PIANO**

Elizabeth is an experienced musician and educator with a Master of Music from the University of Texas and advanced training at The Juilliard School in New York. She teaches piano at St. Dominic's, inspiring a love of music while building strong musical foundations through the Joy of Music method.



RUTE RIBEIRO **PIANO**

Rute holds a degree in Music from the Escola Superior de Música de Lisboa and a teaching qualification from Universidade Aberta. An experienced music educator, she teaches piano, music theory, composition, and ensemble performance, and is currently a teacher at the Instituto de Música Vitorino Matono in Lisbon.



SINGING FILIPE GONÇALVES

Filipe Gonçalves holds a degree in Graphic Design from IADE and has built a career across music, communication, and the arts. A musician, composer, presenter, and trainer, he has released four albums and collaborated with a range of national and international artists.



Co-Curricular Sports Season 2026/2027

Participating in sports is an excellent opportunity to give our students the chance to have a healthier lifestyle through sports, as well as learning various sports and representing our school. This is a unique opportunity to complement academic work with physical activity.

Our teams are **led by experienced coaches** in each sport, with the support of the PHE Department.

During the last year, Co-Curricular Sports were very successful in increasing number of athletes participating in trainings and tournaments, having **all sports represented in all divisions**.

Above all, the enthusiasm, joy and positive attitude in every training, match and in the tournaments stood out. It was great to see our students socialising and making friends within the team but also with students from other schools.

We are pleased to offer our students the opportunity to participate in **as many sports they would like**. However, the teams, for tournaments, have limited places and students must attend training regularly to be selected.

Divisions and Schedules for term 1

Students are grouped into divisions according to their year of birth. Please confirm your child's division by consulting the table below

Division	D6	D5	D4	D3	Varsity
Year of Birth	2018 - 2020	2016/2017	2014/2015	2012/2013	2007 - 2011

Activities about to start

- > D5, D4, D3/Varsity Badminton (once a week);
- > D5, D4, D3/V Girls and Boys Volleyball;
- > D5, D4, D3 and Varsity Boys Basketball;
- > D5, D4, D3 and Varsity Girls Football + D3/V Boys Football;



Mr Guilherme Lopes
Co-Curricular Sports Coordinator



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The schedules only apply to the 1st Term, as the tournaments are seasonal. However, if there is a high number of registrations and significant participation in a particular division and sport, we may consider offering the option to train all year-round.

BOYS TEAMS schedule for Term 1

Club	Monday	Tuesday	Wednesday	Thursday	Friday
D6 Football					15h50 – 16h40 AT
D6 Basketball		15h50 – 16h40 SS/CA			
D5 Basketball	15h50 – 16h40 SS/CA		15h50 – 16h40 TC/CA		
D5 Volleyball				15h50 – 16h40 SS/CA	
D5 (and Grade 3) Badminton				15h50 - 16h40 NG	
D4 Basketball	16h30 – 17h30 TC/CA			13h30 – 14h10 TC/NG *	
D4 Volleyball				16h00 – 17h00 SS/CA	
D4 Badminton				16h30 - 17h30 NG	
D3 Basketball		16h30 – 17h30 TC/NG		16h30 – 17h30 TC/NG	
D3 Volleyball		16h-17h30 NG			13h30 – 14h10 NG *
D3 Badminton				16h30 - 17h30 NG	
Var. Basketball		16h30 – 17h30 TC/NG		16h30 – 17h30 TC/NG	
Var. Volleyball		16h-17h30 NG			13h30 – 14h10 NG *
Var. Badminton				16h30 - 17h30 NG	
D3/V Football	16h00 – 17h30 Trajouce			16h00 – 17h30 Trajouce	

GIRLS TEAMS schedule for Term 1

Club	Monday	Tuesday	Wednesday	Thursday	Friday
D6 Football					15h50 – 16h40 AT
D6 Basketball		15h50 – 16h40 SS/CA			
D5 Football	15h50 – 16h40 AT			15h50 – 16h40 AT	
D5 Volleyball				15h50 – 16h40 SS/CA	
D5 (and Grade 3) Badminton				15h50 - 16h40 NG	
D4 Football	13h30 – 14h10 AT *			16h30 – 17h30 AT	
D4 Volleyball				16h00 – 17h00 SS/CA	
D4 Badminton				16h30 - 17h30 NG	
D3 Football		16h00 – 17h00 AT			13h30 – 14h10 AT *
D3 Volleyball	16h00 – 17h00 NG		13h30 – 14h10 NG *		
D3 Badminton				16h30 – 17h30 NG	
Var. Volleyball	16h00 – 17h00 NG		13h30 – 14h10 NG *		
Var. Badminton				16h30 – 17h30 NG	
Var. Football		16h00 – 17h00 AT			13h30 – 14h10 AT *

Co-Curricular Sports Season 2026/2027

How to enrol

Participation in sports is **free of charge**.

If you're interested in **signing up** your child in D5/D4/D3/V Boys Basketball, D5/D4/D3/V Girls Football, D3/Varsity Boys Football, Badminton or Volleyball, **please register** [HERE](#)



Travelling on the School Bus?

If your child is travelling on the School Bus, please contact the reception - Ms Fátima Barbosa (f.barbosa@dominics-int.org) to arrange transport (late bus) to return home after training.



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